



Monthly Highlights

January 2021



Health & Well-Being



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The FoodWIse Program is off to a great start in 2021!

Joy and Pamela just started an Adult Nutrition Series offered through Workforce Resource. They are teaching the 4 week series through Zoom, and offering a morning class and another in the afternoon each Wednesday during the month of January. The classes focus on stretching food dollars, while participants reflect on their own needs and wants while meal planning and food shopping. A spending plan will be introduced in week 2 along with some family goal setting. The classes are offered to participants in Eau Claire, Dunn and Chippewa Counties.

They are also teaching a series of lessons via Microsoft Teams to 1st graders at Lakeshore Elementary and they just kicked off the first week of a new session of Strong Bodies, leading the exercises and teaching short nutrition lessons on Tuesday and Thursday mornings. This new series will continue through March 25th.

Human Development & Relationships

The theme of December was connection and collaboration!

I have been working with the Eau Claire County Triple P team and also the Extension Triple P team to plan for winter and spring offerings. The ECASD and I are co-facilitating a Seminar through the L.E. Phillips Memorial Public Library in February, and you can register through the library's <u>website</u>. I will also be facilitating a statewide Seminars series with educators in Dunn and Pierce counties in February. Registration can be found <u>here</u>.

The Child Poverty Coalition met to review our power map and how we want to move forward with our mission going into the new year. We have been discussing bringing Aces Connection to our area where we can provide more education around ACEs and resilience. An exciting opportunity for our team!

One fun activity I helped with was the <u>Eau Claire Reads for Kids</u> project through the L.E. Phillips Memorial Public Library. Check out our videos as we share our love of reading with kids in the Valley.

Another exciting update is the programming area Family Engagement & Relationships is now on Instagram! Come follow us as we share tips and resources on raising children.

This January, I look forward to making more connections and collaborating!

Positive Youth Development	
	With the end of the year, I focused on getting reports finalized and into our reporting system for 2020. I then started working on planning programming for the new year.
Rachel Hart-Brinson 4-H Program Educator rachel.hartbrinson@wisc.edu	Colleagues from Areas 5, 6, and 9 are collaborating on some virtual mini camps. I took the lead on planning the Arts and Crafts virtual mini camp that will explore 4 different mediumsclay, paper, textile, and paint. I am excited to offer the opportunity to multiple counties late February-mid-March.
	Area 6 colleagues and I are planning a virtual Speaking and Demonstration Contest for late February. This will be performed over zoom for the first time.
	Area 6 colleagues and I are also planning a follow up to our very successful "Discover 4-H" boxes that we did back in the fall. We will do a 5-week series in April.
	I have started working on creating three curriculamaking paper snowflakes, making corn tortillas, and beginning weaving.
	I continue to work with the Eau Claire County Fair on establishing roles and responsibilities that align with the educational roles of Extension.
Community Development	
Community Development	The Community Development Educator position is currently vacant. Updates shared at the 2021 budget
	discussions with the committee. Please contact Catherine Emmanuelle with any questions
	catherine.emmanuelle@wisc.edu 715-450-0823. For information on Extension's Community Development
	efforts see here, and how Extension is responding to COVID-related work supported by Community
	Development Educators, see <u>here</u> .
Support Staff	
(A)	I continue to work from home, and during the snowy days it has been amazing.
	I have been very busy cleaning up our website, specifically with our committee documents. With the new platform, I received some training and have been working to get previous files organized and up to date.
Kristi Peterson	I have also been very busy working with clean up for end of year budget items, tracking and organizing.
Office Coordinator <u>kristin.peterson@co.eau-claire.wi.us</u>	2021 feels like it is going to be a fresh new start. Happy new year to all.
	As of late I have been working with Lyssa getting some information out regarding Pesticide Applicator Training, the Agronomy Update Meeting, and the CAFO Update Meeting.
	I have been working with Yia on making corrections to the Positive Parenting Program booklets and adding more information to our Extension website.
Andy Heren Administrative Specialist	I have been serving as weight room manager for Pamela and Joy as their new recruits to the Strong Bones Program come by for hand and ankle weights.
andy.heren@co.eau-claire.wi.us	I have been assisting Rachel with different 4-H program tasks. I am also working with the Fair Committee updating the Fair Entry program the 4-Hers, FFA members, and others will use to enter their fair projects.

Area Extension Director



Catherine Emmanuelle Area 6 Extension Director catherine.emmanuelle@wisc.edu

I hope your holidays were safe and peaceful. Our educators continue to do a blend of work from the office and work from home, with a continuation of mostly virtual programming to meet the needs of our local communities.

Over in our Extension Dunn County Team, we continue to work with our state Extension data experts to revamp our monthly highlights and our internal system of recording our educational efforts. Once we have the new system in place, it will help to streamline educator's reporting efforts and still provide our stakeholders with meaningful impacts of Extension programming. In the meantime, you will continue to receive the highlights on this format that you are familiar with. Wishing you a good start to the New Year!