

Clover Leaves



Extension
UNIVERSITY OF WISCONSIN-MADISON
EAU CLAIRE COUNTY

Eau Claire County's 4-H Newsletter



4-H is a community of young people across America who are learning leadership, citizenship, and life skills.

Hello Fine 4-H Families!

I hope you had a fulfilling Fair week. It was so nice to see barn decorations up and booths in the exhibit hall this year... I look forward to even more next year! The 2022 Eau Claire County Fair is a wrap. Thank you to all who exhibited and volunteered. The Fair is such a huge part of the 4-H year because it's where youth get to show off their hard work for the year. We were back for the full week this year and that was AWESOME. We want to make 2023 even better. Please take this opportunity to provide feedback on your experience as an exhibitor family, volunteer, superintendent, or judge. Give your feedback, here:

<https://forms.gle/9PNbi55uZekrBshFA>

Thank you to the Pleasant Hill Go-Getters for sponsoring the After-Fair party at Fairfax Pool. Much fun was had.

Please remember that Annual Financial Reports are due to the office on September 1. I will have a "how to fill out the report" training on August 16 at 7:00PM. I will give a brief overview of the new forms as well as provide help and a work time. You can attend virtually, but I would recommend attending in person. You can find the Annual Financial Report form here: [Annual Financial Report – Wisconsin 4-H](#) You can also find more information at this link: [Wisconsin 4-H Charter Application – for New and Returning 4-H Clubs & Groups – Wisconsin 4-H](#)

My colleagues in Chippewa, Jackson, and Clark counties planned an Arts Camp for this fall and are inviting Eau Claire County youth to participate. See page 8 for promotional info.

We are planning to offer Discover 4-H to youth in grades 1-5 again this fall Oct 20-24. This is a collaboration across Dunn, Chippewa, and Eau Claire counties. I am looking for an adult volunteer and an older youth who could help be the "boots on the ground" folks with Heidi Benson. If you are interested, please let me know!

I look forward to seeing ALL of the things that 4-H makes possible for you and your families in the coming 4-H year.

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

August 2022

In this issue

Project Information Facebook	2
- Calendar, - Leaders Association News - VIP Training	3
- 4-H On the Air Schedule - 4HOnline Re-Enrollment - Market Match - Amazon Smile	4
- Open Fair Committee Positions - Entertainers wanted for Good Shepherd Appts - Andy Out of Office	5
- 4-H Youth Talent Solicited - WI Marketplace Vendor Registration	6
Discover 4-H	7
4-H Arts Camp	8
Resources for Volunteers	9
Science Career Video Series	10-11
Youth & Adult Mental Health First Aider	12-13
Positive Youth Development Media Collection	14
Club Minutes	15

Eau Claire County Extension Office

227 1st Street West
Altoona, WI 54720

Phone: (715) 839-4712

Fax: (715) 839-6277

Website: eau-claire.extension.wisc.edu
Facebook: facebook.com/extensioneauclairecounty

Instagram: [eccounty4hambassadors](https://instagram.com/eccounty4hambassadors)

Snapchat: [eccounty4hambassadors](https://snapchat.com/add/eccounty4hambassadors)

**Does your club or project group
have a Facebook page?**

Let us know about it so Extension can be a fan. Be sure your club/project “likes” [EC County UWEX](#)—let us help each other get the word out!

New to 4-H this year?

Be sure to “like” [Eau Claire County UW-Extension](#), and the [Expo Center](#), on Facebook to stay current of 4-H and Fair info!

AND

Add “[Extension Rachel](#)” to your friends.



Project Literature

Need 4-H publication materials?

EC County 4-H's Publication Library just grew! In addition to materials for the many projects we already had, we just received publications on the following project areas:

- | | | |
|--------------------|------------------------------------|-------------|
| + Adult Leadership | + Science: Wind Power and Robotics | + Health |
| + Service Learning | + Celebrate Art | + Aerospace |
| + Scale Models | + Photography | + Horses |
| + Theatre Arts | + Sewing | + Rabbits |

See the full library list here: “[Project Literature Library](#)”. Come to the Extension Office to check-out materials for a month, free!

If you are a **club officer**: we have publications to help you better understand your duties! Contact the Extension Office to borrow them.

Looking for **Cloverbud** materials? Contact the Extension Office.

You can always purchase your own items at

www.4hmall.org

Eau Claire County Extension Office
227 1st Street West
Altoona, WI 54720

Phone: (715) 839-4712

Fax: (715) 839-6277

Website: eauclaire.extension.wisc.edu

Facebook: [facebook.com/
extensioneauclairecounty](https://facebook.com/extensioneauclairecounty)

Instagram: [eccounty4hambassadors](#)

Snapchat: [eccounty4hambassadors](#)

CLUBS!

Submit the minutes from your last meeting for admission in the *Clover Leaves* so your members can see the highlights and other clubs can see your good example!

Email to Andy by the 20th of each month.

Andy.Heren@co.eau-claire.wi.us

Calendar

Aug 16: Annual Financial Report Training

Aug 22: Rachel leaves for England

Sept 1: Annual Financial Reports Due to the Extension Office

Sept 13: Record books due to the office

Sep 24-25: Arts Camp (at Kamp Kenwood)

Oct 20-Nov 24: Discover 4-H



Leaders

Eau Claire County 4-H Leaders Association

September 13, 2022

6:30 PM

At the Extension Office

<https://uwmadison.zoom.us/j/95331712183?pwd=NnNyU1labUxpWm5QYkhsMys4RjF0UT09>

Agenda Items:

- Election of Executive Board
- Strategic Planning
- Record Books Due
- OTHER

Executive Board meeting at 6:00PM

Volunteer in Preparation Training

Who should take Volunteer in Preparation Training?—Anyone who is planning on being a volunteer with 4-H! If you're going to be planning events for young people with a 4-H hat on, you need to take VIP as part of the process to become a certified volunteer.

Let Rachel Hart-Brinson know if you are interested in attending a VIP training.

Future dates TBD



4-H On the Air 2022 1st Saturday Of The Month		
Date	Club	Contact
August 6	Foster Town & Country	Linda Rauter
September 3	Rodell Busy Bees	Amanda Bohl
October 1	Pleasant Hill Go Getters	Jodi Thesing-Ritter
November 5	Little Red Cardinals	Penny Helwig
December 3	Pleasant Valley	Heather Iverson

Re-Enrollment for 2022-2023 at 4HOnline

Remember that the re-enrollment for the 2022-2023 4-H year begins around September 1. We will let you know when 4HOnline is open for that.

Market Match Token Program

Saturdays are all filled, but we still need families to sign up for Wednesdays.

Please see the sign-up sheet at this link to sign up! Be sure to look now to get the dates you want!

 [2022 EC Downtown FM Market Match Volunteer Sign Up.docx](#)



Do you order from Amazon? Have you signed up with Amazon Smile? Amazon Smile will put a percentage of your purchase cost toward a non-profit of your choice. Register the 4-H County Leaders Association as your charity of choice and help provide funds to the Leaders Association. The Leaders Association supports camp, scholarships to educational experiences such as American Spirit, Fall Forum, Citizenship Washington Focus, and provides funds for county-wide recognition of Achievement at the county banquet. Signing up adds no amount to your purchase price, it just puts money in the Leaders Association's bank account.

Click [here](#) to sign up.

Look for "Board of Regents of the University of WI-Madison in Altoona, WI" (Note: All 4-H Clubs are listed in the non-profit databases under Board of Regents of UW-Madison because the IRS lumps all of the EIN numbers under the UW umbrella to grant us non-profit status. It makes it hard to find the right thing. Take a look at the screenshot on this page to give you the specific wording.)

Fair Committee Positions Open



Eau Claire County has a great fair! Would you like to be a part of it? There are positions open on the Fair Committee. You can apply by clicking on this [link.](#)



Entertainment Wanted at Good Shepherd Senior Apartments

Good Shepherd Senior Apartments is looking for 4-H clubs to come and provide enrichment activities for their residents. You could put on a play, do a series of demonstrations, or something else. The activity coordinator, Nancy Zellinger has generously offered \$50 to the first 5 clubs who sign up.

You can contact Nancy by email or phone at nancyzellinger@hotmail.com or 715-829-6755

Andy Out of the Office

I wasn't at this year's fair as much as usual, but if you saw me, you probably noticed the cane. I'll be having a total hip replacement on Monday, August 8. I was told that I'll be out for 4-6 weeks. I'd like to be back as close to September 1 as possible, when the re-enrollment starts and all the fall action begins, but we'll see.

Remember that the new 4-H year starts at the beginning of September, and that you will need to re-enroll for the 2022-2023 4-H year. We'll let you know when 4HOnline is open for re-enrollment.

You'll be able to reach Rachel via email while she's hunting for the Hound of the Baskervilles, but if you need local assistance, call the office and talk to Kristi (option 2)

I'll let you know when I'm back at the Extension office.



4-H Youth Talent Solicited

The National Association of 4-H Youth Development Professionals is proud to extend this invitation to youth members across Wisconsin. The NAE4-HYDP is an association of 4-H Youth Development Professionals across the nation.

Our national conference, hosting approximately 1,000 participants, will take place this October 11-13, 2022 in Madison, WI at the Monona Terrace Community and Convention Center. We are seeking nominations of youth performers of various skills and talents including vocal, instrumental, speaking, interpretive reading, and more.

[Share Your Talent](#)



WI Marketplace Vendor Registration

The National Association of 4-H Youth Development Professionals is proud to extend this invitation to youth members across Wisconsin. The NAE4-HYDP is an association of 4-H Youth Development Professionals across the nation.

Our national conference, hosting approximately 1,000 participants, will take place this October 11-13, 2022 in Madison, WI at the Monona Terrace Community and Convention Center. We are seeking nominations of youth performers of various skills and talents including vocal, instrumental, speaking, interpretive reading, and more.

[Learn More](#)

**FOCUSING
ON
GRADES
1-5**



**PRICE:
\$15/YOUTH
FINANCIAL AID
IS AVAILABLE**

Discover 4-H

**Six weeks of engaging activities
for your whole family to
experience 4-H learning and fun!**

Registering for *Discover 4-H* includes all program materials and a snack at in-person programming evenings.

Every Thursday at 6:30 p.m. from October 20 through November 24*, participants will be encouraged to join the live weekly program to work through that week's lesson, interact with other members, and meet various 4-H leaders from around the area.

*Please note: We will meet on Tuesday, November 22 due to the Thanksgiving Holiday

WEEKS ONE and SIX will meet in person. The other weeks will meet via zoom.

**Registration will open August 17 via 4-H Online
Stay tuned for announcements via social media**

Follow Us on Facebook: @EauClaireCounty4H



Extension
UNIVERSITY OF WISCONSIN-MADISON



Barron, Chippewa, Clark, Dunn, Eau Claire, Jackson & Trempealeau Counties

4-H

5-7 Grade



ARTS

CAMP

COST

\$55

includes meals,
lodging and supplies

SEPTEMBER 24-25

Wisconsin Farmer's Union
Kamp Kenwood

on Lake Wissota

Register Today!
wi.4honline.com

SATURDAY EXPLORATORY SESSIONS

Explore the arts 5 different hands-on sessions in the areas of Photography, Drawing & Painting, Performance Arts, 2-D Art Forms, 3-D art forms and more!

SUNDAY PRIORITY SESSIONS

Prioritize your Interests to focus on a specific art form and take your learning further from Saturday sessions!

ART SHOWCASE 2:30 PM SUNDAY - FAMILIES INVITED



EXPLORE



THE



ARTS



An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements

Resources for Volunteers

Looking for resources to support your work as a 4-H volunteer? Check out these Wisconsin Positive Youth Development (PYD) resource libraries! You'll uncover everything from downloadable lesson plans and project tip sheets to ready-to-use, hands-on educational materials you can borrow! There's a treasure trove of materials just waiting to be discovered!

PYD MEDIA COLLECTION

A collection of free resources which can be borrowed for use in programming statewide. Mostly animal science, but some other project areas.

Sample Resources:

Hippology Charts, Learning Labs, DVD's, Skillathons, and Displays

<https://go.wisc.edu/1tnckj>

RESOURCE LIBRARY

A searchable library of resources related to 4-H community club organization, 4-H projects, youth-adult partnerships, and more.

The PYD Media Collection is also included in this mix.

Sample Resources:

Project Tip Sheets, Lesson Plans, Club Financial Report Forms, and PYD Media Collection Resources

<https://go.wisc.edu/emz3iw>



VOLUNTEER RESOURCES WEBSITE

A resource hub for youth leaders, club volunteers, project volunteers, and more.

Sample Resources:

Trainings, Marketing and Communication, Volunteer Recognition Opportunities, and Financial and Administrative Information

<https://go.wisc.edu/1271sv>



If you have questions about any of the resources, contact your local county educator.

Developed by Educational Resources Standing Committee, August 2022.

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

Explore a variety of science-related careers!

Scientists Live is a video series designed to expand your knowledge and spark your interest in science careers. Get the scoop on career possibilities directly from the "scientists" doing them. Who knows? One of these careers might be perfect for you!



Bite-sized Learning You Choose Yourself

The series is comprised of **32 half hour episodes**. Check out one, a few, or all of them. It's totally up to you.

Each episode consists of a 20-minute presentation followed by 10 minutes of Q & A based on questions asked by the original live audience.

During every episode, you'll find out...

- What the featured scientist actually does
- What they like most/least about their career
- Characteristics successful people in the field need
- Schooling requirements for the career
- Tips for anyone considering a similar career

See the backside of this flier for a full listing of episodes.

Extras for Teachers

A "Reflection Guide" handout is provided at the video link for use with classrooms, and you'll receive a deck of scientist trading cards to use with your students as you would like.



SCIENCE CAREER VIDEO SERIES

For Grades 8-12



For immediate free access to all 32 recorded episodes, register at:

<https://go.wisc.edu/xu7259>

4-H Science Explorers

Exploring science career paths with YOUTH.

A Crawford, Lafayette, & Walworth County Partnership



UW-MADISON EXTENSION



The University of Wisconsin-Madison Division of Extension is an EEO/AA institution committed to diversity among its employees and in its programs.

1.00 in

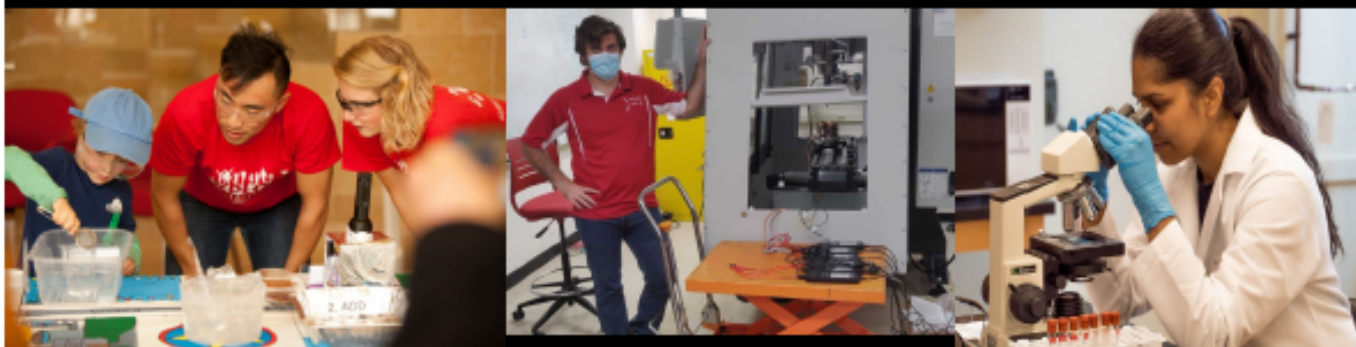
Available Recordings

Career	Episode
Biotechnology Specialist	S1:1
Science Outreach Specialist	S1:2
Demographer/Sociologist	S1:3
Science Outreach Coordinator	S1:4
Geneticist/Astrobiologist	S1:5
Dairy Animal Scientist	S1:6
Extension Livestock Specialist	S1:7
Greenhouse Manager	S1:8
Product Development Technologist	S1:9
Mechanical Engineer	S1:10
UW-Madison Student	S1:11
Biologist/Epidemiologist	S1:12
Extension State Poultry Specialist	S1:13
PD, DPT, Neurologic Clinical Specialist	S1:14
Veterinarian—Large Animals	S1:15
Ecologist/Microbiologist	S1:16

Career	Episode
Architect	S1:17
Artist	S1:18
Cabinetmaker	S1:19
High School Science Teacher	S1:20
Artist of Large Scale Public Art	S1:21
Chemical Biology Graduate Student	S1:22
Electrical Engineer w/ Mechanical	S1:23
Shoreland & Land Use Specialist	S1:24
Forensic Anthropologist	S2:1
Electrician	S2:2
Medical Researcher	S2:3
Astronomy Graduate Student	S2:4
Veterinarian (Primates)	S2:5
Aerospace Engineer	S2:6
Materials Scientist & Engineer	S2:7
Marine Biologist	S2:8



*"Because of Scientists Live, I now know I can be a scientist, and there is a science career out there for me!"
"I now see that there is so much you can do with science, and not just the things they teach you in school."
—Spring, 2020 student participants*



Scientists Live is the high school component of the 4-H Science Explorers program, a collaboration between Walworth, Crawford, and Lafayette County Extension offices and the UW-Madison BioTrek Program staff.



WHY YOU SHOULD CONSIDER BEING A YOUTH MENTAL HEALTH FIRST AIDER

59.4%

of Wisconsin Youth
have experienced depression, anxiety,
self-harm, or suicidal ideation in the past
12 months

1 in 5

Youth live with
a mental health condition



Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people.

Sign up for a FREE Youth MHFA Training
at <https://wirose.wisc.edu/community-programming/>



Virtual Youth Mental Health First Aid

First Aiders will complete a **2-hour, self-paced online class**, and then participate in an Instructor-led Zoom Meeting. Limited to 25 adults.

Upcoming Trainings 9 am – 3 pm via Zoom

- [July 15th](#)
- [July 27th](#)
- [August 3rd](#)
- [August 24th](#)
- [Sept 2nd](#)

Who should be trained?

- Teachers
- School staff
- Coaches
- Camp counselors
- Youth group leaders
- Parents
- People who work with youth



Extension
UNIVERSITY OF WISCONSIN-MADISON

Trainings are offered through the Wisconsin Rural Opioid and Stimulant Engagement (WiROSE), funded by SAMHSA to address opioid and stimulant prevention, intervention, and recovery. WiROSE is a project of the Extension Health and Well-being Institute.

WHY YOU SHOULD CONSIDER BEING A MENTAL HEALTH FIRST AIDER



On average

123

people die by suicide each day

1 in 5

people live with
a mental health condition



Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Sign up for a FREE Adult Mental Health First Aid Training
at <https://wirose.wisc.edu/community-programming/>



Virtual Adult Mental Health First Aid

First Aiders will complete a 2-hour, self-paced online class, and then participate in a 6-hour, Instructor-led Zoom Meeting. The Zoom meeting may be 1 day or split into 2 days depending on the training dates

Upcoming Trainings

1 day Zoom

9am-3:30pm

- [July 13th](#)
- [Aug 19th](#)

2 days Zoom (times vary)

- [July 26th & 27th \(1-4 pm\)](#)
- [Aug 11th & 12th \(9am -noon\)](#)
- [Sept 8th & 9th \(9am – noon\)](#)



Extension

UNIVERSITY OF WISCONSIN-MADISON

Start and end times listed on the registration form and the [WiROSE website](#)

Trainings are offered through the Wisconsin Rural Opioid and Stimulant Engagement (WiROSE), funded by SAMHSA to address opioid and stimulant prevention, intervention, and recovery. WiROSE is a project of the Extension Health and Well-being Institute.

Positive Youth Development Media Collection

Borrow Resources from the PYD Media Collection

The Positive Youth Development (PYD) Media Collection is a library of educational tools that can be borrowed from anywhere in the state. The collection has a new home and a new checkout system.

Visit the PYD Media Collection [website](#) to see what is available. You will find displays, skillathons, learning lab kits, interactive CD ROMs, DVDs, and more. Project materials currently include horse, dairy, livestock, small animal, and some arts. We have kept the most used and current materials. Most outdated materials have been removed.

There is no cost to order materials for Extension-sponsored programs. Non-Extension user groups must pay for outbound and return postage plus a \$10 handling fee.

To learn more about the PYD Media Collection, see lists of materials by project area, and find out how to request materials, visit the [website](#). Contact Monica Lobenstein, Learning Resources Specialist, monica.lobenstein@wisc.edu or 715-896-0377, with questions.





This Month's Meeting

Club Minutes

July 2022 Meeting Minutes Pleasant Valley Clovers

The meeting was called to order by Allison. Roll call was taken by naming one thing you are taking to the fair. The motion to pass the secretary's report was made by Emma and seconded by Connor.

For old business the friends of the fair raffle tickets were due this meeting. Allison talked about 4-H camp and the fun opportunities it provides. A sign-up sheet was passed around to sign up for the Adult Leaders food stand shifts on Saturday July 30 from 3:45-7:00 p.m. Each family is asked to bring one store bought pie to the food stand and can drop it off at any time. A reminder was made to have a hair tie for long hair and to wear closed toe shoes. Ideas for the club booth were to be discussed with Cyndi after the meeting. Kyle had donkey races tickets if anyone was interested in going which will be on Tuesday at 6:30 pm. The letters of intent to run for officer and constitution changes were due this meeting. There was no other old business.

For new business, Emma motioned and Lillian seconded for the club to donate a \$100 gift card and \$50 towards ice cream toppings for the friends of the fair silent auction. The August meeting will be on the 15th at 6 pm. There will be a potluck next meeting and the members of the club will clean up the nature trail while parents are looking over record books. Those interested can sign up to volunteer at the Rock swap concessions. 1-2 families can work per shift, and the concessions take place the 27 and the 28 of August. Those interested can sign up to work the sweet treats at the Cleghorn Fest on September 10 and 11. There was no other new business.

For the adult leaders report, there was a reminder to pay club dues if you haven't, which are \$10 per member. Requests for camp or 4H experience reimbursements should be made by the August meeting.

The motion to adjourn the meeting was made by Duane and seconded by Connor.

Respectfully submitted by Camy Kortbein

