

Rachel Hart-Brinson | Positive Youth Development

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Preparing for two distance learning activity series for youth in grades 3-6 and grades K-2 where they discover and explore 4-H through project learning to engage new youth in 4-H programming.

Planning for the annual Eau Claire County 4-H Banquet. This banquet recognizes both the adults and youth for their efforts and accomplishments over the previous program year. The event was held December 4th at the Pleasant Valley Community Center with me present via technology. Photos from the event were posted on Facebook to recognize the accomplishments of the young people more widely.

Planning for a 4-H Art U series for 4-H and other local families in three counties proceeded in cooperation with staff from the University of Wisconsin-Stout. The goal of this 6-session hybrid activity is to give local youth, in grades in Kindergarten through 12th, the chance to work in age-appropriate break out rooms with college students who are art educators and to show their best work on the college campus at the end of the series.

Margaret Murphy | Horticulture

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Four sections of an online Lab component for the 2022 Foundations in Gardening (previously Foundations in Horticulture) course where participants from the Foundations in Gardening course (home gardeners) apply what they learned from the Foundations course through interactive activities. This effort is designed to encourage best horticultural practices in Wisconsin for better environmental outcomes.

A community of practice meeting winter 2022-spring 2023 for educators working with outdoor youth programs where we explore ways and resources to ensure all youth can flourish in the outdoors. The goal of participating in this group is to dig into ways we can locally continue to grow and enhance our youth gardening programs to include a multifaceted approach that embraces more nature / environment-based topics.

Planning for a statewide webinar series for consumer horticulture audiences where participants will learn about pollinator decline, climate change and environmental contamination and pollution. The goal of this effort is to increase adoption of horticultural practices addressing identified environmental issues in Wisconsin.

Lyssa Seefeldt | Agriculture

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Planning for an in-person two-day workshop in February 2023 for small ruminant producers where they increase knowledge in nutrition, reproduction, facilities management, ewe, and lamb health and gain hands-on experience with lamb processing, feeding, and parturition. The goal of the seminar is to increase decision-making skills for increasing profitability.

Planning for bi-annual Midwest Manure Summit for farmers, managers, agronomists, engineers, nutrient management consultants, manure haulers, consultants, and other agri-business professionals. The goal of this effort is to teach individuals the latest, unbiased, university-based research on manure

handling technologies, so that they can improve environmental sustainability and increase farm business viability.

Planning for a webinar series in 2023 for small ruminant producers where they increase knowledge of late gestation and early lactation ewe/doe nutrition, utilizing enterprise budgets to analyze expense and revenue, preparing for the breeding season, and grilling and cooking techniques for customer support of direct marketed lamb products. The goal of the seminar is to increase decision-making skills for increasing profitability.

Planning for the VITAL (Valuably Informed Thriving Agricultural Leader) program for women in agriculture. The goal of this program is to enhance farm women's access to research-based dairy and livestock management practices to improve adoption of best management practices, which will improve farm economic viability, through productivity and efficiency.

Planning for a dairy/ livestock production meeting for women farmers. The goal of this effort is to educate women farmers on various production methods, so that they can keep their farms profitable or implement new enterprises to keep their farms profitable.

A training for emergency response personnel in the Planning for Emergency Livestock Transportation Response (PELTR) course where they learned how to respond to incidents involving livestock trailers. The purpose of this program is to increase the effectiveness of emergency planning and the preparedness of local emergency response agencies.

Sandy Tarter | Joy Weisner | Jael Wolf | Health & Well-Being

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A collaborative effort with Chronic Disease Prevention Action Teams under the Eau Claire Healthy Communities, Health Dunn Right, and Chippewa Health Improvement Partnership coalitions to promote diabetes awareness by sharing a prediabetes risk assessment flier through our Chippewa Valley communities. This effort helps

promote community engagement in the reduction of chronic diseases and responds to the needs identified on the community health assessments.

A 3-lesson series for 4K preschoolers at Truax Head Start to learn about fruits, vegetables and keeping their bodies healthy. This effort helps children to learn to use their senses with colors, music, and tastes to explore foods and physical activity.

A 6-week nutrition education series to 1st graders in Flynn Elementary. The goal of this effort is for students to learn about eating healthy, being active, exploring fruits and vegetables, and the importance of handwashing.

A wellness program for educators where participants learned the components to self-compassion and developed their own care plan. This effort is designed to increase use of positive self-management strategies for improved mental health.

A collaborative effort with Chronic Disease Prevention Action Teams under the Eau Claire Healthy Communities, Health Dunn Right, and Chippewa Health Improvement Partnership coalitions to promote our 2022-2023 Winter Wellness Initiative. This effort helps promote community engagement in winter activities that include increased physical activity, increased access to local food in winter farmers markets, and stress reduction as action steps to reduce chronic diseases.

A 6-week nutrition education series to 1st graders in Longfellow Elementary. This includes a Spanish Dual Immersion class. The goal of this effort is for students to learn about eating healthy, being active, exploring fruits and vegetables, and the importance of handwashing.

A 4-lesson series for women in Affinity House, a transition facility, where they learn about food resource management. This effort will help limited resource participants to make healthy food choices on a budget.

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Monthly meetings with the Chronic Disease Prevention Action Teams under the Eau Claire Healthy Communities, Health Dunn Right, and Chippewa Health Improvement Partnership coalitions. This effort helps guide the action teams in providing community awareness and activities concerning healthy food access, food security, and increased physical activity for local families.

A series of virtual strength training sessions for older adults where they improve strength, balance, and flexibility. This effort helps them to stay healthy and socially connected with other seniors throughout the state.

A 12-week virtual strength training series for older adults where participants improve strength, balance, and flexibility. This effort is designed to help individuals stay healthy and socially connected during a difficult time of isolation.

Yia Lor | Human Development & Relationships

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A coaching and Money Matters program for qualifying individuals, where participants learn how to create financial goals and gain money management skills. The goal of this program is to increase meeting financial goals and increase financial capability for long term financial success.

Planning and development of a conference focused on healthy child development, in collaboration with family-serving agencies. This effort is designed to increase knowledge of positive parenting skills while building community capacity.

An activity for families to encourage building early literacy skills through talking, reading, singing, and playing at laundromats. This effort is designed to support family stability and resiliency.

An evidence-based in person co-parenting class designed for parents who will be sharing custody of children. This four-hour course is designed to improve parenting to protect children, increase cooperation between parents and help parents care for themselves in a time of stress.

A digital parenting series for Native/Indigenous parents and caregivers where participants learn how to build social and emotional skills in children. This effort is designed to support family stability and resiliency.

A digital parenting series for parents and caregivers of children with special needs where participants learn how to build social and emotional skills in children. This effort is designed to support family stability and resiliency.

Planning for a parenting series for Latinx parents and caregivers in collaboration with a literacy community partner. This effort is designed to support family stability and resiliency.

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Planning and development of digital parenting resources for parents/caregivers in collaboration with family-serving professionals. This effort is designed to support family stability and resiliency while increasing social emotional development in children.

Planning and development of parenting and early literacy programming to expand into laundromats serving small and rural communities. This effort is designed to support family stability, resiliency, and build community capacity.

A coaching program for families and individuals, where participants learn how to create financial goals and gain money management skills. The goal of this program is to enable participants to prepare for and take charge of household financial situations that occur due to changes in income or unforeseen hardships.

An article for parents of preschoolers where they learned what toddlers go through developmentally, how to build confidence and love, and stay connected to a rapidly growing and changing child. This effort is designed to support family stability and resiliency.

Addison Vang | Community Development

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An educational workshop in partnership with the Eau Claire Area Hmong Mutual Assistance Association to engage with the underserved Hmong farmers in the Chippewa Valley. The goal was to learn how to best support the underserved Hmong farmers in a focus group locally and at the state level.

A facilitated conversation with nonprofit leaders in Northeast Wisconsin where participants discussed contact and appearances with various media. The purpose of this effort is to learn ways to connect with creators and reporters from various media sources and the production of materials for various types of news outlets, and as a result, increase organizational capacity to address community needs.

Planning for an Underrepresented Farmers workshop series in the Chippewa Valley in partnership with Chippewa Valley Produce, Eau Claire Area Hmong Mutual Assistance Association, Black and Brown Womyn Coalition, and Department of Agriculture, Trade and Consumer Protection. This effort is designed to support family stability and resiliency. The first workshop is a handwashing station workshop that will include a representative from the Farmers Union to discuss the new State program Local Food Procurement Assistance program. Participants assemble and leave with a handwashing station.

Kristen Bruder | Area Extension Director - Eau Claire, Chippewa, and Dunn Counties

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The role of the AED is like that of the department head in the county. If you have ideas, thoughts, or want to chat about Extension please reach out! Below is a brief overview of the role of AEDs:

Extension fully invests in Area Extension Directors (AEDs) who oversee an area. These administrative positions are responsible for partnership management, staff development, financial management and program coordination.

Through the many interactions the AED has with county partners and local educators, the AED develops a solid understanding of the local needs and county priorities and helps to align Extension educational programs to ensure the programs address county needs. Educators also communicate local needs to their programmatic Institutes which collectively identify opportunities to address statewide needs.