

Rachel Hart-Brinson | Positive Youth Development

rachel.hartbrinson@wisc.edu



Interviews for camp counselors for our Eau Claire, Dunn, Clark summer 4-H Camp where we provided a realistic job interview experience to youth to increase their interview skills and to select the best young people for the role of camp counselor for summer camp.

Planning for Art U that is a virtual art instruction program in partnership with UW-Stout to provide project learning in the spark of Art.



Planning for the Area 6 4-H Performing Arts Festival where young people speak or perform a play or musical number in front of an audience and judge to build confidence and the life skill of public speaking.

Staffing for the family day activities (seed planting, string art, ring toss, & building bird houses/tool boxes) at the Eau Claire Home and Garden Show where 4-H youth led 4-H project and engagement activities in order to practice leadership skills and promote 4-H to the wider community.

A Tri-County 4-H Performing Arts Festival where young people practiced speaking and performing in front of an audience and received feedback to develop public speaking, cooperation, and leadership skills.

Planning for two 4-H camps for over 80 youth from Clark, Dunn and Eau Claire counties, where youth will sleep overnight in cabins and tents. The goal is to bring youth together to try new activities, make new friends, and experience nature and time away from home in a safe setting.

Margaret Murphy | Horticulture

margaret.murphy@wisc.edu



A presentation where community members learned about early literacy and horticulture work and collaboration. This effort is designed to support family stability and build community capacity to understand how everyday spaces, such as laundromats, gardens, and neighborhoods, can be rich learning experiences.

Planning a gardening series for beginners in collaboration with the Cardinal Community Learning Center where participants learn the basics of vegetable gardening, starting seeds indoors and growing vegetables in containers when

Extension Eau Claire County

February 2023 Report

space is limited. The goal of this effort is to teach those new to vegetable gardening how to get started and encourage people to try vegetable gardening.

Planning a gardening presentation in collaboration with the Bloomer Public Library for the public. The goal of this effort is to teach participants strategies to grow successful patio gardens and to encourage people of all ages to garden even when space is limited.



Planning a gardening presentation in collaboration with the Bloomer Public Library for the public. The goal of this effort is to teach participants tips and strategies on gardening with kids to encourage youth participation in the garden.

Planning a gardening series for the public in collaboration with the Chippewa Falls Public Library One Seed, One Wisconsin program. The goal of this effort is to demonstrate growing tomatoes from seed to harvest to teach and encourage people to try vegetable gardening.

A video series for food and farm business entrepreneurs, where participants develop the framework needed for effective food and ag entrepreneurship and are connected with the resources, they need to be successful. This effort was designed to help participants assess their skills, assets, personalities, and/or networks to help make decisions about a business opportunity or new enterprise.

A community of practice for horticulture educators where we explore strategies and resources to expand horticulture education and outreach to underrepresented audiences. The goal of participating in this group is to dig into ways we can locally continue to grow and enhance our horticulture programs to reach more diverse audiences.

Lyssa Seefeldt | Agriculture

lyssa.seefeldt@wisc.edu



Planning a survey for past participants of the hybrid course, Planning Emergency Livestock Transport Response (PELTR), to find ways to improve the course. Our goal is to have the content be as valuable and concise as possible for future participants.

Planning for bi-annual Midwest Manure Summit for farmers, managers, agronomists, engineers, nutrient management consultants, manure haulers, consultants, and other agri-business professionals.



The goal of this effort is to teach individuals the latest, unbiased, university-based research on manure handling technologies, so that they can improve environmental sustainability and increase farm business viability.

Sandy Tarter | Joy Weisner | Jael Wolf | Health & Well-Being

sandy.tarter@wisc.edu joy.weisner@wisc.edu jwolf25@wisc.edu



An outreach activity for families in rural communities where participants learned how to support children's social and emotional well-being. This effort is designed to support family stability and build community capacity.

A collaboration with Mayo Health System staff and St. Francesca Food Pantry in developing the "Food Is Medicine" program to underserved, food insecure participants. This effort aims to improve food security and health behaviors on a limited budget.

A 4-lesson series for women in an addiction treatment program where they learn about nutrition and food resource management principles. The goal of this effort is to help limited resource participants make healthy food choices on a budget.

A parent lesson at Truax Head Start. The goal of this effort is to help parents work together with their children in the kitchen to create healthy snacks.

Participation in the transition meeting of Healthy Communities Coalition and Alliance Mental Health teams including active support for the local chronic disease prevention action team. This effort will help guide objectives and strategies that support initiatives to help improve the health of residents.

A 6- week nutrition education series to 5th graders at Flynn Elementary where they learn about healthy habits and how the nutrients in foods contribute to a healthy diet. This effort will help the students plan healthy meals and snacks using a variety of foods from the food groups.

A 6-week nutrition education series to 3rd graders at Longfellow Elementary (including students in the Spanish Dual Immersion Program) to learn about the importance of eating five food groups, physical activity, healthy habits, and trying seasonal fruits and vegetables. This effort will encourage students to choose a goal to try more fruits and vegetables at each meal.



A series of virtual statewide strength training sessions (StrongBodies) where older adults learn best practices along with nutrition and health education. Participants engage in regular strength training exercises to improve strength, balance, and flexibility so they can stay healthy and socially connected.

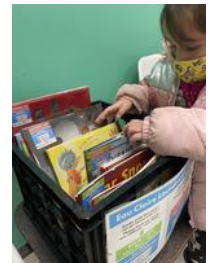
Yia Lor | Human Development & Relationships

via.lor@wisc.edu



A family program where families and children learned about cultural traditions within HMoob/Hmong families. This effort is designed to support building community capacity to understand how families have passed on traditions to preserve culture and values. It is also designed to increase social cohesion.

A presentation where community members learned about early literacy and horticulture work and collaboration. This effort is designed to support family stability and build community capacity to understand how everyday spaces, such as laundromats, gardens, and neighborhoods, can be rich learning experiences.



An outreach activity for families in rural communities where participants learned how to support children's social and emotional well-being. This effort is designed to support family stability and build community capacity.

A presentation for potential donors where participants learned how to support healthy brain development in children. This effort is designed to support family stability and build community capacity.

Planning and development of activities that highlight HMoob/Hmong cultural practices for community members in collaboration with local museums. This effort is designed to build community capacity to improve social cohesion.

A presentation for community members where participants learned about healthy brain development in infants and efforts across the county to build positive connections between children and caregivers. This effort is designed to support family stability, resiliency, and community capacity.

A coaching and Money Matters program for qualifying individuals, where participants learn how to create financial goals and gain money management skills. The goal of this program is to increase meeting financial goals and increase financial capability for long term financial success.

Extension Eau Claire County

February 2023 Report

Addison Vang | Community Development

addison.vang@wisc.edu



Planning for a series of webinars for food entrepreneurs in collaboration with county educators, statewide specialists, and local experts. This effort is designed to equip food entrepreneurs with increased skills and knowledge for operating successful food business enterprises.

Basic grant proposal workshop for local government, businesses, and organization members and staff. The goal of this effort is for people to learn how to find, write and apply for grants so that they can carry out the activities of their organization, business, or government unit.

Planning for the second in a series of educational programs targeting underserved Hmong and marginalized small farmers where they learned about the importance of food safety and receive vegetable washing stations for use at their own farms. The goal is to reduce challenges and barriers to support and/or expand underserved farm operations with good agricultural practices and economic growth.



Kristen Bruder | Area Extension Director - Eau Claire, Chippewa, and Dunn Counties

kristen.bruder@wisc.edu



The role of the AED is like that of the department head in the county. If you have ideas, thoughts, or want to chat about Extension please reach out! Below is a brief overview of the role of AEDs:

Extension fully invests in Area Extension Directors (AEDs) who oversee an area. These administrative positions are responsible for partnership management, staff development, financial management and program coordination.

Through the many interactions the AED has with county partners and local educators, the AED develops a solid understanding of the local needs and county priorities and helps to align Extension educational programs to ensure the programs address county needs. Educators also communicate local needs to their programmatic Institutes which collectively identify opportunities to address statewide needs.